



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>"The best and most beautiful things in the world cannot be seen or even touched – they must be felt with the heart." ~ Helen Keller</p>			9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Welcome February 1:30 Rosary 2:00 Bingo 6:00 Bowling Night	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Communion 11:15 Hogivities 2:00 Belt It Out! Afternoon Karaoke	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Celebrating Black History Month 2:00 Pokeno Half Winter Day Wear Red Day 	10:00 Positive Affirmations 10:30 Chair Stretches 11:00 Morning Merriness 2:00 Songs of the Heart Rosa Parks' Birth Anniversary
Full Moon 5 10:00 Positive Affirmations 10:30 Chair Stretches 11:00 Morning Merriness 2:00 Bible Fellowship Tu B'Shevat Begins 65th Grammy Awards	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 February Table Talk Tidbits 2:00 Bingo Make-Believe Monday	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Food Committee 2:00 DIY Color Postcard	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Valentine Scattergories 1:30 Rosary 2:00 Bingo 6:00 Bowling Night	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Communion 11:15 Chair Yoga 2:00 Pizza Party Chocolate Kiss Day National Pizza Day	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Putting the Past in Order: Black History 2:00 Philly Senior Stage presents: "My Funny Valentine"	10:00 Positive Affirmations 10:30 Chair Stretches 11:00 Morning Merriness 2:00 Pokeno
10:00 Positive Affirmations 10:30 Chair Stretches 11:00 Morning Merriness 2:00 Hope Community Random Acts of Kindness Week Super Bowl LVII	9:30 Positive Affirmations 10:30 Catholic Mass 11:00 Valentine JINGO 2:00 Bingo	Happy Valentine's Day 14 9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Valentine's Day Family Feud 2:00 Young At Heart <small>Valentine's Day</small>	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Cranium Crunches 1:30 Rosary 2:00 Bingo 6:00 Bowling Night	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 We're Posting to Boston 2:00 Penny Pitch	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 African Americans in Music & Sports 2:00 Pokeno	10:00 Positive Affirmations 10:30 Chair Stretches 11:00 Morning Merriness 2:00 Black History Picture Bingo National Drink Wine Day
10:00 Positive Affirmations 10:30 Chair Stretches 11:00 Morning Merriness 2:00 Bible Fellowship NBA All-Star Game Daytona 500 NASCAR Race	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Presidential Puzzles 2:00 Bingo Shrove Monday <small>Presidents' Day</small>	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Mardi Gras Color or Not? 2:00 Let the Good Times Roll! First Ladies Day <small>Mardi Gras</small>	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Ashes & Communion 1:30 Rosary 2:00 Bingo 6:00 Bowling Night <small>Ash Wednesday</small>	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Trivia 2:00 Happy Hour & a Movie Girl Scout Cookie Day	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 African American Woman 2:00 Pokeno	10:00 Positive Affirmations 10:30 Chair Stretches 11:00 Morning Merriness 2:00 Tennis Ball Bocce Safari Saturday
10:00 Positive Affirmations 10:30 Chair Stretches 11:00 Morning Merriness 2:00 Bible JINGO Happy Birthday, Jazz	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Marian Anderson Day 2:00 Bingo	9:30 Positive Affirmations 10:30 Morning Stretch 11:00 Resident Council 2:00 Birthday Party with Jimmy Wells Floral Design Day	 <p>February 2023 "Keep your face always toward the sunshine – and shadows will fall behind you."</p>			