

THE Brookside Bulletin

July 2017, Volume VI

BROOKSIDE
HEALTHCARE AND REHABILITATION
CENTER

A Member of **NATIONWIDE**
HEALTHCARE SERVICES

MEET OUR DEPARTMENT LEADERS

- **Missy Hallman**
Administrator
- **Donna Schwendiman**
Director of Nursing
- **Jennifer Thompson**
Assistant Director of Nursing
- **Karen Ball**, *Liaison*
- **Nicole Harper**, *Admissions*
- **Dawn Manila, MSW, LSW**
Director of Social Service
- **Sylvia Jones**
Business Office Manager
- **Marlon Colter**
Maintenance Director
- **Edith Rodriguez**
Housekeeping &
Laundry Supervisor
- **Robin Ziegler**
Activities Director
- **Aaron Mitchell**
Food Service Director
- **Kathleen Belaong**
Program Director
- **Monique Brown**
HR
- **Nicole Chandler & Angela Jackson, RNACs**
- **Cathy Kuemmerle**
Medical Records
- **Kathy Palilonis**
Infection Control
- **Julie Kimble**, Dietician
- **Millie Seltzer & Jenna Cassel**
Unit Managers

Resident of the Month: Irene Trautz

Irene was married 48 years to her late husband Harold, and devoted her life to her family. She has three children, two girls and one boy. Irene's favorite part of having a family was traveling. Her favorite place they traveled to was Upstate New York. Irene and her husband would travel to the mountains a lot as well. They enjoyed taking their children on walks to teach them about nature and out to eat to teach them how to act in a restaurant. Two of her favorite hobbies in her alone time were to embroider and garden.

Irene also worked at Sears for ten years in shipping & handling. While there, she won an award for being the fastest worker with no mistakes.

Irene has been a resident here at Brookside for about a year and since then she says she has met many nice, genuine people who have all made her feel very welcomed and loved.

From Our Administrator

"In the truest sense, Freedom cannot be bestowed; it must be achieved."

—Franklin D. Roosevelt

Happy 4th of July!

Missy Hallman

Administrator, Brookside Healthcare & Rehabilitation Center



July 2017 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
Halfway Point of 2017 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 Presidential Trivia 2:00 Salem Baptist 3:30 American Trivia Challenge 6:30 Red, White & Blue Potato Stamping	9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Baking Club: Potato Chip Pretzel Caramel Corn 2:00 Bingo 2:15 Book Mobile 3:30 Patriotic Questions 6:30 Aim for the Stars Dog Days of Summer	3 Happy 4th of July! 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 All about 4 th of July & Historical Trivia 2:00 Bingo 6:30 Holiday Movie	4 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:00 Music with Greg Albert 3:30 Manicures & A Movie 6:30 Pokeno Bikini swimsuit debuted	5 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:00 Welcome Social 3:30 Manicures & A Movie 6:30 Pokeno	6 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:00 Welcome Social 3:30 Manicures & A Movie 6:30 Pokeno	1 10:00 Morning Brew Crew 10:30 Jammin Church 2:00 Make Your Own Ice Cream 3:30 All about Canada 6:30 Lets Get physical 104th Le Tour de France Canada Day
9 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 5-second Rule 2:00 Bible Fellowship 3:30 Would You Rather? 6:30 Painting with Brandy Full Moon	10 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Guess the Year 2:00 Bingo 3:30 Music Trivia 6:30 Oddly Obvious	11 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Food Committee 2:00 Singing with Emmet Robinson 4:00 Sports Clichés 6:30 Pokeno 88th MLB All-Star Game	12 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:15 Bingo 3:30 Manicures & A Movie 6:30 Brown Bag Bounce	13 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:15 Bingo 3:30 Manicures & A Movie 6:30 Pokeno	14 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:00 Summer Sports Day – Beach Ball Bowling 4:00 Word Games 6:30 Pokeno	8 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 Who Am I? 2:00 Bling Bling Bingo 3:30 Bull Racing 6:30 Lucky 7 Dice Game Running of the Bulls Tell the Truth Day Lucky 7 Day
16 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 I've learned... 2:00 Hope Community 3:30 Sundaes & Stories 6:30 Tamara's Choice Sundae Sunday	17 9:30 Morning Brew Crew 10:30 Catholic Mass 11:00 Name that Slogan 2:00 Bingo 2:15 Book Mobile 3:30 Person, Place or Thing 6:30 Baking with Brandy	18 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Toss & Talk 2:00 Therapy Thru Music with Jimmy Wells 4:00 Name That Year 6:30 Pokeno	19 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:15 Bingo 3:30 Manicures & A Movie 6:30 Checkers	20 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:15 Bingo 3:30 Manicures & A Movie 6:30 Pokeno	21 9:30 Morning Brew Crew 10:30 Chair Yoga with MJ 11:00 Communion 11:15 Comedy Club 2:00 Brookside's Fun Fair 4:00 Summer Trivia 6:30 Pokeno	15 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 Could Have, Should Have 2:00 Shabbat Services 2:30 Jeopardy 3:30 Chestnut Hill 7th Day 6:30 Tapioca Pudding Night Cap
23 Gorgeous Grandma 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 Ice Cream Trivia 2:00 Bible Fellowship 3:30 Pamper Yourself 6:30 Brandy's Choice Happy Birthday Ice Cream Cone	24 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Minute-to-Win-It 2:00 Bingo 3:30 Senior Jokes 6:30 JINGO Drive Thru Day National Tell an Old Joke	25 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Resident Council 2:00 Birthday Party with Young At Heart 4:00 Wheel of Fortune 6:30 Pokeno	26 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:15 Bingo 3:30 Manicures & A Movie 6:30 Board Game Night	27 9:30 Morning Brew Crew 10:30 Morning Stretch 10:45 Bible Study 1:30 Rosary 2:15 Bingo 3:30 Manicures & A Movie 6:30 Board Game Night	28 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Truth and Lies 2:00 Beat the Heat Happy Hour 4:00 July Birthday Quiz 6:30 United Fellowship	22 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 Fast Facts 2:00 "Cowboy Hoedown" 3:00 Spoons 6:30 Art Night National Day of the Cowboy
30 10:00 Morning Brew Crew 10:30 Morning Stretch 11:00 Friendship Categories 2:00 Friendship Party 3:30 Freedom of Beliefs 6:30 Saints Bingo National Cheesecake Day Day of Friendship	31 9:30 Morning Brew Crew 10:30 Morning Stretch 11:00 Show Your True Colors 2:00 Bingo 3:30 Remember Them? 6:30 Volleyball Hangout	<p>"Aaah, summer – that long anticipated stretch of lazy, lingering days, free of responsibility and rife with possibility. It's a time to hunt for insects, master handstands, practice swimming strokes, conquer trees, explore nooks and crannies, and make new friends."</p> <p style="text-align: right;">~Darell Hammond</p>				

HAPPY BIRTHDAY

RESIDENTS

Curtis Reed • 7/7

Blonnie Lewis • 7/11

Irene Trautz • 7/14

Fannie Pate • 7/27

Jung Yu • 7/28

Charles Knauf • 7/28

Walter Derenzis • 7/30

STAFF

Carmen Beauvil • 7/9

Marialice Thompson • 7/11

Marie E. St. Fleur • 7/16

Troy Jones • 7/19

Janine McCullers • 7/19

Troy Powell • 7/20

Brittney Galzarano • 7/21

Bernitha Keys • 7/26

Nancy Lamb • 7/29

BLUEBERRY BREAD



Ingredients

- Cooking spray
- 1/2 cup salted butter, room temperature
- 1 cup sugar
- 2 eggs
- 1 tbsp vanilla extract
- 1 cup milk
- 2 cups flour
- 2 tsp baking powder
- 2 cups blueberries (fresh or frozen)

Instructions

1. Preheat oven to 350°F. Spray a standard size loaf pan with cooking spray.
2. Whip butter and sugar together in a medium bowl.
3. Beat in eggs, vanilla, and milk.
4. Add flour and baking powder, stirring to combine. Stir in blueberries.
5. Pour batter into prepared loaf pan.
6. Bake 60–75 minutes. Allow to cool slightly before cutting and serving.

Makes 8 servings

CASCADING LETTERS

Place each of the letters from the top column to the appropriate square in the bottom column to form a quotation.

B	U	T	H	M	N	D	H	E	R	E	M	B	D	E	S	S
N	Y	T		A	Y			T	A	R	T		L	O	E	
M	O															

Clue: A quote by Stephen Hopkins, governor of the colony of Rhode Island and signer of the Declaration of Independence